MSSC

Trailblazing health providers tell stories, share hard-earned advice

Sharing advice and often-amusing stories, four Wichita health providers recounted their careers as trailblazing women in the male-dominated fields of medical and dental care.



Dr. Anne Walling

They told of wearing high heels and dresses instead of scrubs and working around an absence of locker rooms and maternity leave. They recalled how male physicians who angrily tossed surgical instruments were tolerated while women were called out for such behavior. They remembered how every CME event had a "wives" program" teaching skills like

giftwrapping. And they displayed how resilience and focus carried them through.

Dr. Patricia Wyatt-Harris, the first woman who went through Wichita's OB/GYN residency married and



Dr. Laura Knight told how, during her fellowship, she was glad to be seen as just another one of "the fellows."

pregnant, said: "I guess I was the first of a lot of things, but I don't think of it like that. ... I just worked as hard as everybody else did" and let that speak for itself.

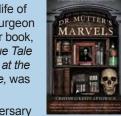
"Trailblazers: Senior Women Clinicians of Wichita" was an opportunity for practitioners, residents and students "to learn about all who walked before," said Nancy Davis, assistant dean of faculty development at continued on page 2

SAVE THE DATE:

MSSC/Jager Club meeting, Oct. 24

The next MSSC members meeting will:

Feature author Cristin O'Keefe Aptowicz discussing the life of pioneering 19th century surgeon Thomas Dent Mütter. Her book. Dr Mütter's Marvels: A True Tale of Intrigue and Innovation at the Dawn of Modern Medicine, was a best-seller.



Celebrate the 50th anniversary of the Jager Club, founded in honor of Dr. Thor Jager, Wichita's first pathologist. Eric Jager, his grandson, will share memories of Dr. Jager.

Join the Jager Club

The half-century-old Jager Club focuses on medical history, meeting four times a year, including the annual joint meeting with the MSSC in October. Call KUSM-Wichita Academic & Student Affairs at (316) 293-2603 to learn more. Membership forms and other info are available by going to www.kumc.edu and searching for Jager Club.

Register now to attend Sept. 9 KMS annual meeting

The deadline is approaching soon to register for the Kansas Medical Society's annual meeting in early September.

This year's one-day meeting, Sept. 9 in Topeka, will again feature a members forum, allowing physicians to bring topics of importance to the KMS board.

The event at the KMS-KaMMCO Building, 623 SW 10th, is free to KMS members. The meeting and forum are from 9 to 11:45 a.m., followed by lunch and keynote address by journalist and former CNN anchor Frank Sesno.

Sesno is author of Ask More:

The Power of Questions to Open Doors, Uncover Solutions, and



Frank Sesno



Spark Change. His keynote talk will focus on how people can improve interactions by asking the right questions at the right time. With his Washington perspective, he will also address the challenging politics of health care.

Register by Aug. 30 by calling 800.332.0156 or going online to KMSonline.org

and our profession.

August

MEDICAL SOCIETY of SEDGWICK COUNTY

www.mssconline.org 1102 S. Hillside Wichita, KS 67211 (316) 683-7557



Stay informed, stay connected to the MSSC

Like the MSSConline on Facebook or follow it on

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about the medical society and its members.



August President's Message



by Denis Knight, DO

With his decisive vote last month against Republican legislation repealing the Affordable Care Act, Sen. John McCain of Arizona expressed support for an approach that most Americans favor: Work together to fix the health care act, do it public and do no harm in the process.

The ACA has its share of problems, and many of them affect physicians. Despite the extreme

political partisanship of late, I still believe that most Americans want congressional representatives from both parties to sit down and fix those problems in a lasting way. Most reasonable people realize that, whether it's a successful marriage or a medical practice, discussion and compromise are essential to lasting success.

A recent poll by Kaiser Health reinforced this, with 57 percent of respondents wanting to see Republicans work with Democrats to improve the 2010 health care act. Even more Americans – nearly 4 in 5 – want the president and his administration to do what they can to make the ACA work. Less than 1 in 5 want the Trump administration to help it fail.

Physicians know well that many of their patients – many Americans – may not hold entirely realistic expectations of what the health care system can and cannot do, and how affordable it should be. But patients as well as doctors know how the cost of care and insurance affects access to the system.

Rising insurance premiums and deductibles result in patients avoiding care completely or putting off doctor's visits until conditions become chronic or severe and costly to fix. Physicians are caught in the middle, squeezed by both low payments and the crush of

paperwork. Our leaders may not know or concede it, but fixing the system is complicated. Yet the costs of not fixing it are tremendous.

But there are potential solutions that can serve both patients and the medical community. The MSSC subsidiary ProviDRs Care, for example, is working on a physician-driven, physician-developed delivery model. The value-based model is designed to improve access to care while reducing health care costs. Physicians will have access to the tools and support they need to succeed in an outcomes-based model, and be compensated for better patient outcomes. The ProviDRs Care service is intended to return control of care to the physician, which can only enhance the patient relationships that we doctors value deeply. ProviDRs Care anticipates a launch date of mid-2018.

A consistent theme from the business community is the desire for certainty. They want to know costs and regulations aren't going to constantly change or become more burdensome. Physicians feel the same, desiring a system that has some certainty while not also asking doctors to bear an unfair share of regulations and expense.

Special interests and money from across the spectrum cloud health care matters, and often leave elected officials beholden to them instead of the Americans they serve. That makes it particularly important for physicians to make sure their voices are heard in this debate. We can regain some sense of control by staying engaged in the political process. We can monitor the various legislative proposals and share our input on what works and what doesn't. And we can urge our lawmakers to reach across the aisle and work on changes that are sound and reasonable enough that they will survive no matter which party is in power.

By staying engaged, we will not only feel less powerless but also could end up with an accessible and affordable system that benefits patients and physicians alike.

Trailblazers continued from page 1

KU School of Medicine-Wichita. The Aug. 8 event was the second held by Wichita Women in Health Professions, a new group at KUSM-Wichita. MSSC members **Drs. Wyatt-Harris** and **Laura Knight** were joined on the evening's panel by Arlene Evans-DeBeverly, a physician assistant, and Dr. Lucynda Raben, a dentist. MSSC members attending included **Drs. Anne Walling**, **Natalie Sollo**, **Sheryl Beard**, **Tracy Williams** and **Garold Minns**, dean of KUSM-Wichita.

Dr. Walling told how the event was an outgrowth of the Only Woman in the Room, a project co-sponsored by KUSM-Wichita and the MSSC. It is collecting oral histories from female physicians entering practice before 1990, and involved two sessions last fall where physicians shared memories. More sessions are expected.

Dr. Walling said the project evolved from an initial effort to provide support for older physicians confronting issues such as retirement and caregiving for parents. When "the stories kept getting richer," the need to record them became evident.

"Am I old enough to be a pioneer?" Evans-DeBeverly asked at the start of her segment. She then told how her mother and twin sister, 1936 high school graduates, convinced Wichita Municipal University to create a nursing program and began what's now the College of Health Professions. The lesson was, "if there's a problem, resolve it."

She recalled how surgical instruments were "huge" and how nurses' gift of appropriately sized ones "touched me more than you'll ever know." She said her decision to "focus intensely" on gynecology came from a lack of attention to women's medical problems.

Dr. Wyatt-Harris chose obstetrics and gynecology after a rotation in Greensburg and a birth involving a prolapsed umbilical cord. The procedure was the "most exciting, fulfilling oh-my-God experience."

When interviewing for residency, administrators asked if she was going to have babies – "they were really worried about that."

LEARN MORE: Wichita Women in Health Profession is a new group formed at KUSM-Wichita to provide networking, mentoring and professional development opportunities for physicians and other health providers. Its next event will be an Oct. 3 mixer with the topic of "Strike a Pose! Power Body Language for Women." To learn more, contact Julie Galliart at (316) 293-3560 or *jgalliart@kumc.edu*.

Once pregnant, she had to use sick and vacation time to cover maternity leave, since there was none at the time. The next year was harder than pregnancy, because she had virtually no time off.

She now focuses on gynecology and is a certified menopause practitioner, interjecting "because I'm menopausal!" to much laughter.

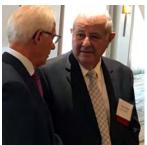
Dr. Raben told of training at the University of Iowa and then practicing with her father. She recalled a professor using slides of Playboy models in lectures. So woman students swapped those slides out with male nudes from Playgirl, earning a trip to the dean's office, where the professor fumbled to make his case.

She remembered a bank telling her, when planning to buy out her father, that they couldn't provide a loan, because "we've never made a loan that size to a woman." Still, "it's been a great ride," said Dr. Raben, chairman of the Delta Dental of Kansas board.

Dr. Knight, a retired radiologist, went to University of California-San Francisco, where 1 in 10 students in her 1968 medical school class were women. During her fellowship, the attending didn't see her as a woman but as "one of the fellows" – just what she wanted.

Looking around the room at medical students, residents, PA students and ones from other medical professions, Dr. Knight encouraged them to "Enjoy it. Look how far you've gotten." And whatever you do, "do it with passion."





ABOVE: KUSM-Wichita Dean Garold Minns, left, talks with Health Care Hero Lifetime Achievement honoree Dr. Dennis Ross at the Wichita Business Journal Health Care Heroes dinner Aug. 3. LEFT: Dr. Ely Bartal, right, also a Lifetime recipient, talks with Dr. Anthony Pollock, another honoree. Other MSSC members honored: Jacques Blackman, Michael Brown, Gerard Brungardt, Ron Hunninghake, Gretchen Irwin, Kim Molik, Brian Pate and Pavan Reddy.

MEMBERSHIP

Members of the Society who know a good and sufficient reason why any of the following applicants are not eligible for membership are requested to communicate with the Medical Society of Sedgwick County, 683-7557.

[BC] Board Certified [AT] Additional Training

[R] Residency [F] Accredited Fellowship [F*] Unaccredited Fellowship

NEW APPLICANTS

Joseph D. Baalmann, MD [BC] Family Medicine Northwest Family Physicians OFF: 462-6200 / FAX: 462-6201 3730 N Ridge Rd S-100 67205

Nataliya Biskup, MD
[R] Plastic
& Reconstructive Surgery
[F*] Craniofacial Surgery
Plastic Surgery Center
OFF: 688-7500 / FAX: 688-7534
1861 N Webb Rd 67206

Michael Matchette, MD [BC] Diagnostic Radiology Wichita Radiological Group OFF: 685-1367 / FAX: 685-9388 551 N Hillside S-320 67214

Brooke L.W. Nesmith, MD [BC] Ophthalmology Vitreo-Retinal Consultants & Surgeons OFF: 683-5611 / FAX: 683-0294 530 N Lorraine S-200 67214

Poornima Pandiyan, MD [BC] Pediatrics Wesley Medical Center Pediatric Critical Care OFF: 962-3304 / FAX: 962-2152 550 N Hillside 67214 Mark Saxton, MD

[BC] Pediatric Surgery [BC] General Surgery Wesley Children's Hospital OFF: 962-2085 FAX: 962-2079 550 N Hillside 67214

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[BC] Medical Oncology
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Liberal, 67901

Daniel E. Warren, MD [BC] Family Medicine KUSM-Wichita OFF: 293-2607 FAX: 293-2696 1010 N Kansas 67214

Priyank J. Yagnik, MD
[BC] Pediatrics
[BC] Pediatric Critical Care
Wesley Children's Hospital
OFF: 962-3304
FAX: 962-2152
550 N Hillside 67214

Newlin named Via Christi Clinic CMO

Pediatrician Philip Newlin, MD, who had served in an interim basis since January, has been named chief medical officer for Via Christi Clinic.

Dr. Newlin, a 1987 graduate of KU School of Medicine, did his residency in Columbus, Ohio, and returned to practice in his hometown of Wichita.

"His 25 years of experience as a Wichita pediatrician, combined with the leadership roles he has undertaken in Via Christi's integrated multispecialty group, made him the ideal candidate for this role," Dr. Ed Hett, chief clinical officer of Via Christi Health, said in announcing the appointment.



In Remembrance

MSSC extends its condolences to the family of Dr. Ward.

amily medicine physician Cynthia Leigh Ward Skaggs, MD, died Aug. 1, 2017. The child of a doctor in Belleville, KS, she would go on house calls with her father. Dr. Ward graduated from KU School of Medicine-Wichita in 1985 and completed her residency at Wesley Family Practice in 1988. She began practice in Wichita and then relocated it



to Derby in 1992, practicing with Family MedCenters. In 1996, she obtained certification in geriatric medicine through the American Board of Family Practice.

ROSTER UPDATE

Keep your 2017 Roster current with this information:

CHANGES

Abigail Heinz, MD Sound Physicians OFF: 268-6976 / FAX: 291-4396 929 N St. Francis 67214

Chau N.Kovach, MD West Wichita Family Physicians OFF: 721-4544 / FAX: 721-8307 8200 W Central S-1 67212

Wheatland Medical Clinic Diana Ketterman, MD Mueeza Zafar, MD Office is closing 8/31/17

REINSTATE TO ACTIVE

Kimberly Molik, MD Wesley Pediatric Surgery Clinic OFF: 962-2085 / FAX: 962-2079 3243 E Murdock S-500 67208

RETIRED

Valerie Drake-Albert, MD Diana Ketterman, MD Jaime Melean, MD John L. Smith, MD Anne Walling, MD

DROPPED

(all moving out of state/area)

Ari Auron, MD
Matthew Butler, MD
Emily Manlove, MD
Angela Meyer, MD
Thomas Nienke, MD
Matthew A. Williams, DO

ELEVATED TO ACTIVE

Elizabeth C. Beltran Carranza, MD Bala Bhimavarapu, MD Unnati H. Doshi, MD, MPH Thar Y. El-Baage, MD Maya Estephan, MD Justin Fernandez, MD Dean B. Flaten, MD Nathan S. Hall, DO Jordan D. Holmes, MD Alan R. Hromas, MD Ali A. Jamalallail, MD Alosh Madala, MD Adam P.S. Misasi, MD Melanie K. Rohr, MD Kermit R. Rust, MD Cassie L. Scripter, MD



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Managing Editor: Phillip Brownlee, executive director

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Challenge Accepted.



Meet Our New Director: Shelley Duncan



I want to take this opportunity to thank the board of Central Plains Health Care Partnership for this wonderful opportunity. I realize I have big shoes to fill, following Anne Nelson's wonderful leadership since the inception of Project Access. In the short time I have been here I have learned so much and, of course, am still learning. I am sincerely humbled by the wonderful staff we have, and the amazing generosity of so many physicians, hospi-

tals, dentists, laboratories, etc. I also recognize the financial support we receive from United Way, Sedgwick County, the City of Wichita, various foundations and generous donors; all of whom allow us to continue this amazing program. I am so thankful to all who support Central Plains and look forward to continued success in truly making a lifesaving difference for so many people.

You know me...



- 2 Surgeons
- 2 Hip Replacements
- \$13,993.76 in donated care

Kevin works as a security officer. He has been employed with the same company for 16 years and was instructing a Tae Kwan Do class. He doesn't get paid if he isn't able to be at work. He began to have worsening hip pain due to arthritis, which made working nearly impossi-

ble. Kevin was referred to Project Access by his primary care physician at HealthCore. He was able to see an Orthopedic surgeon in order to have his hips replaced. The first surgeon he met with told Kevin that he needed to lose 60 pounds in order to have a hip replaced. Kevin did the work and lost the weight required to have his first hip surgery. He says that without these hip replacement surgeries he would be in constant pain and have very limited mobility. "Getting up now, without any pain, is unreal," says Kevin. He has two children whom he cares for, and his quality of life has been highly improved. Kevin is currently back at work and able to support his family.





1102 S. Hillside Wichita, KS 67211 316-688-0600

www.cphcp.com



#projectaccesswichita



Donate now!



Scan here!

Thank you!

Many thanks to our most recent partners who have chosen to support the work of Central Plains Health Care Partnership through Project Access.

- \$10,000 from Blue Cross Blue Shield of Kansas
- \$1,070 from Dillon's Community Rewards
- \$2,250 from The Medical Society of Sedgwick County
- \$15,000 from GraceMed Health Clinic
- \$3,160 from 14 private donations

We would also like to thank the many physicians, hospitals and the network of donated care that this community provides for Project Access patients.

You are compassionate and caring in providing funds to help Central Plains coordinate health care for low-income patients without health insurance. donating at www.cphcp.com. Thank you!

Save the Date!

BLACK FRIDAY, CYBER MONDAY.



Health Insurance Marketplace Open Enrollment!

November 1st— December 15th

CPHCP has staff available to help with questions about enrolling in the Health Insurance Marketplace. Please call 316-688-0600 for more information.

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