

MSSC NEWS

February meeting features panel on vaping

The Medical Society of Sedgwick County's first membership meeting of 2020 will feature a panel of four MSSC members who will discuss the health impacts of vaping.

Please join Ravi Bajaj, MD, Apeksha Sathyaprasad, MD, Amy Seery, MD, and Mohinder Vindhya, MD, on Tuesday, Feb. 4, at the Dugan Library at Newman University.

According to the Sedgwick County Health Department, more than 2,000 cases and 40 deaths related to e-cigarette, or vaping, product use-associated lung injury have been reported to the Centers for Disease Control and Prevention. In Kansas, more than 20 cases have been reported with two deaths. (See article and survey link on Page 2.)



► February Membership Meeting

WHEN: 6-8 p.m. on Tuesday, Feb. 4

WHERE: Dugan Library conference center, Newman University, 3100 W. McCormick

COST: \$10 per person (includes meal and bar service)

INFO: 1 CME credit available

RSVP: By Thursday, Jan. 30. E-mail Denise Phillips at denisephillips@med-soc.org or call (316) 683-7558.



January
2020



Ravi
Bajaj, MD



Amy
Seery, MD



Mohinder
Vindhya, MD



Apeksha
Sathyaprasad, MD

Legislative session may be a volatile one this year

The start of the Kansas legislative session means the Kansas Medical Society and MSSC are hard at work monitoring bills and actions that could impact the practice of medicine and patient care.



Colombo

"We expect a busy year," KMS Executive Director Rachel Colombo said. And because 2020 is an election year, the session will likely be more tense and volatile, she said.

The issue that could dominate the session is Medicaid expansion. Last year, the House approved a Medicaid expansion bill but no action was taken in the Senate. This year, there appears to be more openness to consider expansion, which KMS and MSSC support.

Gov. Laura Kelley and Sen. Majority Leader Jim Denning, R-Overland Park, recently announced a bipartisan expansion plan. It would extend health care coverage to Kansas families up to 138 percent of the federal poverty level and take effect no later than Jan. 1, 2021.

Another issue that could receive attention is the Kansas Supreme Court's ruling last year striking down the state's liability cap on non-economic damages. However, KMS is recommending the Legislature not take any immediate action.

KMS' concern is that it is unclear whether the Hilburn decision, which involved an automobile injury, applies to medical malpractice cases. KMS wants the Kansas Supreme Court to provide more clarity before

lawmakers pursue a remedy.

However, KMS is proposing a possible change to the Health Care Stabilization Fund. If the Kansas Supreme Court rules that the lifting of the cap on non-economic damages also applies to medical malpractice, KMS is looking to commence an orderly phase-out of the stabilization fund, to begin one year later, and for physicians to no longer be required to carry malpractice insurance.

Another issue that likely will return is a bill to expand the scope of practice of Advanced Practice Registered Nurses, which KMS and MSSC strongly oppose. Another possible issue is the licensing of anesthesiology assistants, which KMS and MSSC support. Such individuals would be licensed through the Kansas Board of Healing Arts and overseen by anesthesiologists.

KMS and MSSC both have physician committees that meet to hear a report on and discuss legislative issues. MSSC member Kevin Hoppock, MD, leads both committees.

The committee meets at the MSSC offices at noon every other Friday during most of the session. The first meeting is Jan. 24. If you are interested in participating, contact Denise Phillips at (316) 683-7558 or e-mail her at denisephillips@med-soc.org.

► INSIDE: Physician Engagement

See photo's from November's legislative dinner, page 3

Physicians
who care for ...
our patients,
our community,
and our profession.

MSSC
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SEDGWICK COUNTY

www.mssconline.org
1102 S. Hillside
Wichita, KS 67211
(316) 683-7557

When we come together as a team, we really are superheroes



Patricia Wyatt-Harris, MD
January President's Message

First of all, I'd like to thank everyone in the MSSC for allowing me to be your president in 2020. This is a great honor, and I really appreciate the opportunity to serve.

I grew up in Wichita and have spent my entire professional career here. My family and my husband's family live here, and that has been immensely helpful during my training and practice.

Being an OB/GYN doctor with a growing family is very demanding. We have a very close family who have all helped in our professional journeys.

My husband, Jim, and I met at WSU. I then went to KU for medical school. It didn't take him long to transfer to KU to finish his engineering degree. We got married between my first and second year of medical school, so we survived the rest of med school and residency together.

In order for you to get to know me better, I want to share something that I have added to my time outs before surgical procedures. I think it promotes teamwork in the operating room.

In 2014, there was an MSSC initiative to standardize surgical protocols in operating rooms and ambulatory facilities across Wichita. The time out allows everyone in the OR to go over pertinent information about the patient and the procedure.

Also in 2014, a social psychologist named Amy Cuddy gave a TED talk regarding behaviors that help people optimize stressful or important situations. She was able to document an increase in testosterone (a hormone of dominance) and a decrease in cortisol (a stress hormone) when a person stands in a power pose for two minutes.

Now for the part that applies to my cases.

At the end of the time out before each of my procedures, I ask everyone in the room to "stand like a superhero." This stance is hands on hips, chin up and chest out.

We don't do it for a full two minutes, but even a short time promotes teamwork. It is a reminder that even if we have done these procedures over and over, each one is important.

I ask everyone to do it, even if they are just a student observer. It also makes all the staff feel important.

This can be done in the office before a particularly stressful encounter with a patient. If a surgical case is difficult, I sometimes take a breath and do it again.

I won't be asking everyone to strike a power pose before MSSC meetings this year. But my goal as president is to promote teamwork and connections at the MSSC.

Today's medical environment can feel isolating at times. The MSSC provides an opportunity for physicians of all specialties to get together and talk about issues.

When we come together and work as one, we really are superheroes.

Speaking with young patients about e-cigarette, vaping use

The Sedgwick County Health Department recommends medical providers speak with all youth patients about e-cigarette or vaping use, not just the youth who providers think could be vaping. Additionally, providers should specifically ask about vaping or e-cigarettes, as many youth do not consider vaping to be smoking.

The Health Department recommends that when you talk to your young patients about e-cigarette use, focus on three main areas:

- **Vapes introduce poisons into your body.** Vapes are not just water vapor. Vapes contain many different chemicals, including formaldehyde. Heavy metals, including nickel, tin and aluminum, are also found in vaping liquid.
- **JUUL and other e-cigarette brands have deceived you.** E-cigarettes are not a safe alternative. The liquids in e-cigarettes can contain high enough levels of nicotine to cause nicotine poisoning. One JUUL pod contains enough nicotine to equal one pack of cigarettes.
- **Vapes are addictive.** Nicotine is a highly addictive chemical. It can change your brain development and affect your memory and concentration.

Medical providers who suspect a patient has a lung injury associated with the use of e-cigarette or vaping products should contact the Kansas Department of Health and Environment (KDHE) Epidemiology Hotline at (877) 427-7317.

More than 2,000 cases and 40 deaths related to e-cigarette, or vaping, product use-associated lung injury (EVALI) have been reported to the Centers for Disease Control and Prevention (CDC). In Kansas, more than 20 cases have been reported with two deaths. Nationally, the median age for cases is 24 years old, with a majority of the cases less than 24 years old. Tetrahydrocannabinol (THC)-containing products continue to be the most commonly reported e-cigarettes, or vaping, products used by EVALI patients.



Vitamin E acetate, an additive in some THC-containing vaping products, is a chemical of concern among people diagnosed with EVALI.

In 2018, the CDC estimated that one in four high school students and one in 14 middle school students had used a tobacco product in the past month. The CDC also estimated there were 1.5 million more current youth e-cigarette users in 2018 than in 2017, reaching a total of 4.9 million youth users.

If you would like to receive weekly updates about EVALI, infectious diseases, and other health-related topics, e-mail DiseaseReport@sedgwick.gov to receive the Sedgwick County Health Department's EpiLink publication for health professionals.

The Health Department is collecting and creating information about vaping for health professionals in Sedgwick County. If you are interested in receiving vaping resources, please respond to this quick survey by Jan. 31: tinyurl.com/SCvaping.

Physician

ENGAGEMENT

This month, we feature physicians and guests at the Nov. 21 MSSC legislative dinner at Cowtown.

The 2020 legislative session is gearing up to be an intense one, as lawmakers from Wichita look to tackle some long-debated and potentially divisive health care issues. The 125-member House of Representatives and a 40-member Senate convened on Jan. 13. Members of the MSSC kicked off the new session with a legislative dinner on Nov. 21, where Kevin Hoppock, MD, Sen. Susan Wagle, R-Wichita, and Rachelle Colombo with KMS, addressed the audience. "Advocacy is our No. 1 job," Hoppock said. "While it's certainly not all we do, just know that we are about maintaining professional standards and making Wichita the best place to practice and receive care."



◀ KEVIN HOPPOCK, MD, AND RACHELLE COLOMBO



▲ JENNIFER THUENER, MD, SEN. SUSAN WAGLE, AND DARREN BECKHAM (WORKS FOR WAGLE)



▲ JIM HARRIS, PhD, AND PATRICIA WYATT-HARRIS, MD



▲ KEVIN HOPPOCK, MD, AND SEN. GENE SUELLENTROP



▲ PHILLIP BROWNLEE AND REP. LEO DELPERDANG



▲ MRS. RALENE BERGQUIST AND REP. EMIL BERGQUIST



▲ MRS. SHELBY PETERSEN AND SEN. MIKE PETERSEN



▲ SHERYL BEARD, MD



▲ SEN. DAN KERSCHEN AND MRS. NORENE KERSCHEN

In Brief ►►►

New and noteworthy

WD<40 schedules April ballpark event



WD<40
Wichita Docs Under 40

SAVE THE DATE: Wichita Docs Under 40 will hold its first event of 2020 on Friday, April 17, at the new Wichita Wind Surge ballpark. It's a family event, so kids are welcome.

It's opening week, so be among the first to see Wichita's new stadium and team.

Community works on health plan

Staff from MSSC and Health ICT were among 54 community partners who participated recently in a development meeting for the 2020-22 Community Health Improvement Plan. A follow-up meeting to work on an implementation plan is set for Jan. 29.

The Community Health Improvement Plan identifies health priorities for the community and focuses attention and resources on those priorities. The group chose health care access, mental health and substance misuse as top priorities.

Some of the overlapping goals across all health issues were: improve referral networks and service integration; increase use of evidence-based screening tools for substance misuse and mental health; increase community knowledge of services/resources; and reduce suicide deaths in high-priority populations.

MPR finalist for Best Place to Work



Medical Provider Resources, a subsidiary of MSSC, was recognized last month for being a finalist for a Best Place to Work award through the Wichita Business Journal. MPR was also nominated last year for small business awards through the Wichita Regional Chamber of Commerce and the Wichita Business Journal.

KBGH chosen to lead mental health initiative for Kansas region

The Kansas Business Group on Health, an affiliate of the MSSC, is one of eight regions and coalitions chosen by the national steering committee



Kansas Business Group on Health

for The Path Forward for Mental Health and Substance Use to implement its multi-stakeholder transformative initiative.

The Path Forward comprises a five-year plan to execute a first-of-its-kind private sector approach to improve mental health and substance use care for Americans across the nation. As a key part of the initiative, the Regional Employer Stakeholder Engagement Team (RESET regions) will leverage the influence of business coalitions, and their employer and other purchaser members, to work with health plans, health systems, medical and behavioral health providers, consultants and brokers to combat this public health crisis.

The Path Forward initiative is made up of the National Alliance of Healthcare Purchaser Coalitions, American Psychiatric Association (APA), American Psychiatric Association Foundation (APAF) Center for Workplace Mental Health and Meadows Mental Health Policy Institute.

"The efforts of the KBGH will be key to achieving and leveraging sustainable and measurable improvements to access, comprehensive care and parity for mental health and substance abuse issues," said Shelley Duncan, executive director. "We hope to make significant inroads to improving mental health and substance use care for Kansans."

Surgery residents and medical students benefit from new simulator



▲ STUDENTS IN THE SKILLS LAB. SOURCE: KUMC-WICHITA FILE PHOTO

The University of Kansas School of Medicine-Wichita is enjoying the use of its new simulator for its surgical skills lab at Ascension Via Christi St. Francis.

The surgical skills simulator was purchased for the lab by Ascension Via Christi and is used by surgery residents and medical students to enhance their technical skills. Labs involve suturing (both traditional and laparoscopic), knot tying, interpreting X-rays, emergent chest procedures, vascular anastomosis, breast procedures with sonographic and mammographic interpretation, colonoscopy, and bowel anastomosis, KUMC officials said.

The surgical simulator enhances aspects of suturing and surgical procedures, including hernia repair, cholecystectomy and colon resection.

MEMBERSHIP

MEMBERS NOW ACTIVE

At the MSSC annual meeting in December, members approved several bylaw changes, including the elimination of probationary membership status. The following are MSSC members who previously were on probationary status but are now active members:

Madan M. Acharya, MD	Kimberly T. Krohn, MD
Khalid F. Afaneh, MD	Phong T. Le, MD
John F. Anderson, MD, PhD	Ricky W. Lee, MD
Veerayagari Annapurna, MD	Shuo Li, MD
Samuel L. Ashby, DO	Colleen V. Loo-Gross, MD
Ashley L. Barks, MD	Mark R. Mankins, MD
Kirsten A. Bjorkman, MD	Scott J. McIntyre, MD
Jamie L., Borick MD	Scott D. McLaren, MD
Alaa Boulad, MD	Holly E. Montgomery, MD
Kelsey S. Bourm, MD	Philip R. Montgomery, MD
Rachel M. Brown, MD	Phuong V. Nguyen, DO
Lindsay J. Byrnes, MD	Andrew J. Ormond, MD
Brent Cameron, MD	Chan J. Park, MD
Jose R. Cepeda, MD	Lindsey C. Peller, DO
John A. Childs, DO	Jennifer L. Pharris, DO
Susanna Ciccolari Micaldi, MD	George J. Philip, MD
Charles W. Coffey, MD	Shilpi Relan, MD
Patrick G. Craig, DO	Nichole M. Riddel, MD
Melissa V. Cummings, MD	Lina A.M. Saadeh, MD
Megan A. Dingwall, MD	Rajesh K. Sadasivuni, MD
Rhanda M. Eboh, MD	Alisa J. Schmidt, MD
Ayah M. Elbermawy, MD	Levi C. Short, MD
John F. Evans, MD	Michael L. Su, MD
Ryan N. Farmer, MD	Patrick Ters, MD
Saba Fatima, MD	Vismay J. Thakkar, MD
Lynn R. Fisher, MD	Robert L. Ullom, MD
Cole M. Gillenwater, MD	Locke D. Uppendahl, MD
Claire E. Groskurth, MD	Jose C. Velasco Di Domenico, MD
Peeyush Grover, MD	Danielle M. Villalobos, MD
Caleb H. Harris, MD	Shravani R. Vindhyal, MD
Paige A. Harwell, MD	Debra L. Wade, MD
Salman A. Hasan, DO	Jarvis W. Walters, DO
Cynthia A. Hayek, MD	Brady J. Werth, MD
Thomas J. Hendricks, MD	Thomas A. Woltjer, DO
Jonathan A. Jensen, MD	Maggie L. Woods, MD
Stefanie M. Kempke, MD	Benjamin D., Young MD
Gary J. King, MD	Sarah M. Zorko, MD

ROSTER UPDATE

Keep your 2020 roster current with this information. Key: [BC] Board Certified [F] Accredited Fellowship [R] Residency [AT] Additional Training [F*] Unaccredited Fellowship

REINSTATE TO ACTIVE

Douglas P. Lewis, MD

[BC] Family Medicine
Ascension Medical Group Via Christi- Spirit
OFF: 613-5800
FAX: 768-8000
990 S George Washington Blvd, 67211
NPI: 1558366641

Cynthia I. Nash, MD

[BC] Family Medicine
Ascension Medical Group Via Christi St Francis Family Medicine
OFF: 858-3460
707 N Emporia, 67214
NPI: 1124143409

CORRECTIONS

Brooke L.W. Nesmith, MD

[F*] Vitreous & Retina
[BC] Ophthalmology

Rebecca Sanders, MD

OFF: 462-5072

CHANGES

G. Whitney Reader, MD

Cypress Heart, PA
OFF: 858-9000
FAX: 858-9005
9300 E 29th St N S-310, 67226

Stephanie Shields, MD

Freestate Connect
OFF: 670-3800
FAX: 789-6210
4723 E Douglas, 67218
Effective: 1/6/2020

Thomas Tran, MD

Thomas Tran, MD, LLC
OFF: 686-5555
FAX: 686-3440
2620 E Central, 67214

RETIRED

Thomas J. Bloxham, MD – Dec. 31, 2019

Claudia Lawn, MD – Dec. 31, 2019

Richard Claiborne, MD – Jan. 13, 2020

Gerald J. Estep, MD – Jan. 1, 2020

DROPPED

James L. Walker, MD – Nov. 7, 2019

Vanessa Voge, MD – Jan. 25, 2020; moved out of state

Thomas Sanders, MD – Jan. 24, 2020; moved out of state

Vikrant Azad, MD – Sept. 1, 2019; moved out of state

LEAVE OF ABSENCE

Linda Goodson, DO – Deployment

In Remembrance

MSSC extends its condolences to the family of Richard Cummings, MD.

Dr. Richard Cummings, MD, died Dec. 21, 2019. He was 87. Cummings, an ENT specialist, was an honorary member of the MSSC. He graduated from the University of Kansas School of Medicine in 1957 and completed his residency in otolaryngology at the University of Oklahoma in 1962. After extensive training in France and California, he decided to limit his practice to otology and became the first otologist in Kansas. He practiced at the Wichita Ear Clinic from 1963 until his retirement in 2002. He performed over 25,000 otological surgeries, many of which were the first performed in Kansas, including cochlea implant surgery, his family said. Dr. Cummings authored numerous medical papers and made regular appearances on radio and television shows.



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MEDICAL SOCIETY of
SEDGWICK COUNTY

1102 South Hillside • Wichita, KS 67211
www.mssconline.org • (316) 683-7557

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