

MSSC NEWS

Young doctors group kicking off with mixer at Third Place Brewing

JUNE MIXER

When: June 19, 5:30 p.m.-7 p.m.



Where: Third Place Brewing, 630 E. Douglas, #150 (just west of Old Town railroad underpass)

What: Free beer, food will be available and Dr. Tom Kryzer will talk about how he got into brewing and give a tour.

Interested? Young physicians and residents welcome. Let Denise Phillips know you're coming: call 683-7558 or email denisephillips@med-soc.org

The MSSC's new young physicians group will go public with a June 19 mixer at Old Town's Third Place Brewing.

The new group is spurred by MSSC members Drs. Chuck Coffey, Braden Foster and Katie Rosell, and is intended to provide an avenue for young physicians to network and become involved as they navigate the practice and business of medicine early in their careers.



Dr. Rosell

"I like the idea of just getting out and seeing other physicians," said Dr. Rosell, who went into practice with Neurology Consultants of Kansas last summer.

The June 19 mixer is at Third Place Brewing, where Dr. Tom Kryzer is a co-owner. Dr. Kryzer will tell about brewing and provide a tour as part of the event, which features free beer, of course. Future events will include a joint mixer with the Wichita Bar

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Wyatt-Harris chosen 2019 president-elect



MSSC members elected Dr. Patricia Wyatt-Harris as the society's president-elect for 2019, with results announced at the May 1 members meeting.

Others elected for 2019 are:

Secretary: Christina Nicholas

Treasurer: Fadi Joudi

Board of Directors (three-year terms): Nicholas Brown, Jennifer Jackson, Zachary Kuhlmann

Membership & Ethics: Thomas Moore, Krista Shackelford

Opioids panel discussion draws big crowd

Reflecting the concern about the opioids issue and the difficulties physicians encounter wrestling with it, about 140 doctors and others came out May 1 to hear a panel of MSSC members share their expertise at "Opioids: A Closer Look."

During the program at Distillery 244 in Old Town, MSSC President Dr. Jed Delmore moderated a panel discussion by Drs. Greg Lakin, an addiction specialist and the state's chief medical officer; Dr. Joe Davison, who has served on the K-TRACS advisory board since its inception; and Dr. Daniel Warren, a faculty member at



Drs. Greg Lakin, left, and Joe Davison were among panel members.

KUSM-Wichita specializing in substance abuse.

Dr. Delmore shared how pain medications are a fact of life in his gynecological oncology practice and gave an overview of

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ProviDRs Care launching doctor-designed NexUS insurance July 1

MSSC affiliate WPPA ProviDRs Care is launching a new value-based insurance product, NexUS, on July 1 that is designed to appeal to both physicians and employers.

"NexUS will apply a common-sense approach to the delivery of health care. By encouraging activities shown to create value, we will create an excellent product at a favorable cost," said WPPA board member Dr. Joe Davison.

"NexUS is primary-care-centric," said Justin Leitzen, director of network innovations, and has been designed with valuable input



from MSSC members, with Drs. Davison, John Lohnes and Dennis Knight leading the effort.

NexUS will allow both employed and independent physicians to participate in a value-based delivery model. It aims to lower health care costs by aligning provider and employer incentives, said Karen Cox, CEO of ProviDRs Care.

"Medicine works best when the physician and the patient work together. NexUS offers a

methodology to encourage those relationships and in doing so also brings a benefit for employers," Dr. Lohnes said.

NexUS is one of several products offered by ProviDRs Care, the only physician-owned PPO in Kansas and one of the few in the country. "Employers have been asking for something like this for years," Cox said. "It is the direction the industry is going."

NexUS is not intended to replace fee-for-service, but in addition offers financial incentives in five broader areas – or domains – and

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May
2018



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who care for ...
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our community,
and our profession.

MSSC
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SEDGWICK COUNTY

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May President's Message

by Jed Delmore, MD —



When our children were little, the Stembridges and Delmores were known to frequent the Candle Club at 13th and Woodlawn. The club, in the 1980s and early '90s, was known for its dark, smoke-filled bar and for the excellent fried catfish in its dining room (less smoke).

Our daughters enjoyed the club because they were enthralled by the vocalist, who was usually in a shiny sequined dress accompanied by a pianist.

One evening, with the girls sitting on stacks of napkins in lieu of booster seats, we surveyed the room and noted how much we as a group brought the average age in the room down. That would have been true even if we didn't have our children along.

The Candle Club had become a gathering spot for an older crowd. I mention this because, in some ways, the Medical Society has too – and that's something I want to change.

An emphasis of my year as president of the Medical Society is to change the focus and location of our meetings in an attempt to encourage greater involvement of younger physicians.

In the not so distant past, a common denominator for practicing physicians involved encounters in meetings, hallway consultations,

medical staff duties, or various physician lounges in the hospital of choice. As fewer primary care physicians admit to the hospitals, and more physicians are employed or contracted for services, I believe the collegial aspects of those encounters have suffered.

In addition to representing the interests and practice of medicine and our patients, the Medical Society and its meetings offer the opportunity for that collegial interaction on a professional and personal basis. These interactions can help build both personal friendships and professional connections.

The Medical Society – aided by Drs. Katie Rosell, Braden Foster and Chuck Coffey – will be sponsoring events targeted at young physicians. The first event is a June 19 gathering at Dr. Tom Kryzer's Third Place Brewing in Old Town. We also will be sponsoring a joint event in early fall with young lawyers of the Wichita Bar Association.

The goal is to engage young physicians through these targeted events, and then work to connect with the larger Medical Society membership through general meetings and by serving on boards and committees.

The future of the Medical Society is linked to the ongoing participation of its members, and we don't want the MSSC to be a place only for the older crowd. I hope we can encourage our younger partners and colleagues to become and remain involved.

That would mean more physicians are at the table. And, by the way, our meetings aren't smoke-filled ...

*Aging is good
for wine, but
perhaps not for the
Medical Society.*

NexUS *continued from page 1*

providers will be rewarded for their performance.

"Physicians are often worried about accepting downside risk in their practice," Dr. Davison said. "NexUS will continue to reimburse with their usual fee schedule, but those efficient physicians will receive additional incentives on a per member per month basis."

The five incentive focus areas are access, utilization, referrals, quality and place of service. A quick way to think of it is making sure members receive the right care at the right time in the right place.

"We are also going to be helping the primary care providers manage their higher-risk patients by providing nurse navigators hired by the network," Leitzen said. Higher-risk patients are often the major cost drivers in a health care plan.

"By using a carrot instead of a stick approach, we believe significant savings for the health care system can be achieved," Dr. Davison said. "This very special endeavor by the physicians of Sedgwick County just might be a game changer for our medical practices, patients, and the economic viability of our city's employers."

ProviDRs Care has sent letters about NexUS to practice managers and will soon begin contracting with primary care physicians. It will also soon reach out to insurance brokers, consultants and employers to participate in NexUS, which would replace their current health plan.

A strength of NexUS is that KHIN, the Kansas Health Information Network, will provide the clinical data. Because of that robust connection, taking part in NexUS will not burden physicians with additional reporting requirements. Doctors will regularly receive reports including clinical and claims data that will provide a 360-degree view of their patients.

"The intent is to improve care and decrease costs while increasing doctor satisfaction," Cox said. "Physicians will be able to focus on what they really want to do: helping patients stay healthy."

Young Doctors *continued from page 1*

Association's Young Lawyers group in September.

This year, Dr. Foster is the recipient of the MSSC's Dr. Joe Meek Award and is engaging in leadership-building opportunities. He sees both collegial and professional benefits from the group and the MSSC at large.

"Something I realized when I got out of residency was that medicine involved an ever-changing path. You either need to be part of that, or you're going to be left behind," he said.

As the father of two young children and the spouse of a physician, Dr. Foster knows that finding time is challenging. "The most beneficial thing is the networking, not only in your specialty but in other subspecialties as well. You can learn about insurance trends, medical legal issues and hospital matters, for example."



Dr. Foster



Dr. Coffey

"I have friends who are general surgeons, who are obstetricians, who are in other specialties. There is power in numbers. If we are able to get outside the natural environment, on a personal level, it helps strengthen the bonds," Dr. Foster says. In an age of hospitalists and specialty clinics, some traditional venues for meeting colleagues have been lost. "We are trying to re-establish some of that, the commonality of physicians. That's kind of what we are trying to achieve in the group."

Dr. Rosell said she, understandably, is likely more familiar with the MSSC than other doctors her age, as her father, Dr. Bart Grelinger, is a past president and her father-in-law, Jon Rosell, used to be executive director. She appreciates the mix of MSSC programs, advocacy and opportunities to meet other doctors, and thinks other young physicians might as well once they learn more. And that's a goal of the group and events like the June 19 one.

"The Medical Society has always been very receptive to members suggesting programs and initiatives," said Dr. Rosell, a mother of two. "Physicians have a voice in that, but you have to be there telling them what you need."

Opioids *continued from page 1*

the opioid crisis in Kansas and nationally. He shared statistics on deaths, addiction and how addicts obtain drugs, with the intent of establishing "where we fit into the big picture."

Dr. Lakin elaborated on where Kansas stood nationally, noting "Kansas has avoided the crisis to a certain extent. Our overdose deaths have actually gone down." Still, he said, drug poisonings are the leading cause of unintentional death. Addiction, he said, is "not just a poor man's disease." Overdose deaths come among people in their 30s, 40s and 50s, ones holding jobs and functioning to some extent. "It's not just the young, careless and wild."

The state and other entities, such as a joint KMS-KHA task force, are pursuing strategies to contend with the issue, and Dr. Lakin said physician involvement in the matter was essential.

Dr. Davison explained how the K-TRACS monitoring program came about, noting a local "pill factory" heightened awareness and "this community of physicians said something had to be done."

K-TRACS has been increasingly effective in finding "threshold patients" who visit multiple doctors and pharmacies. Now, K-TRACS is planning to provide physicians with a scorecard of dosages, frequency and other factors. It's a work in progress but worthwhile, he said. "We do not look into your offices and your charts," he said.

When abuse concerns arise, Dr. Davison urged colleagues to help patients find treatment or otherwise work to manage the situation. "Don't just dispose of that patient," he said.

Dr. Warren expounded on that point. By the time a patient arrives in treatment, they have often lost nearly all their healthy connections – job, family, friends – so the specialist's focus is to help them reconnect. "Our patients come expecting to have a road forward offered," he said. A lack of treatment options is a challenge, he said, with many Kansas counties lacking programs and methadone programs available only in just Wichita and a few other cities.

The evening concluded with audience questions. Queries included whether midlevels should prescribe narcotics (depends on practice focus, Dr. Davison said); whether fentanyl deaths were specifically tracked (working to improve, Dr. Lakin said) and whether chronic pain was real and if opioids were necessary to treat it. The chronic pain issue brought forth a range of opinions on that point, with panelists largely agreeing that in many cases it was valid.

Dr. Lakin urged physicians to stay involved in policy matters. Lawmakers "want to do something," and if doctors do not lead, there's the chance the void could be "filled with things we don't like."

Opioid treatment training May 24

KUSM-Wichita faculty member Dr. Daniel Warren is among the presenters at a May 24 seminar providing Medication-Assisted Treatment Training.

The free seminar is sponsored by KUSM-Wichita and the Substance Abuse Center of Kansas. Other presenters are Dr. Tim Scanlan and Chad Harmon, clinical care manager at SACK. The seminar has morning and afternoon sessions, with lunch provided.

The morning session, 8 to 11:30 a.m., will focus on the opioid epidemic in Kansas, as well as models for treatment. The emphasis for the afternoon session, 12:30 to 5:30, is on treating addiction with buprenorphine. The sessions will be in Roberts Amphitheater at the medical school, 1010 N. Kansas. Parking will be available in the lot at the northeast corner of 10th and Minnesota.

Application for up to 7 hours of CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Signup for the morning and afternoon sessions is separate. For the morning one, go to SACKSEMINAR.eventbrite.com. For the afternoon, go to SACKBUPRENORPHINE.eventbrite.com.



Dr. Warren

Norris to speak at MGMA conference

Dr. David Norris, who has written extensively about financial intelligence for physicians, will be speaking on the topic this fall at the annual conference of the MGMA, the Medical Group Management Association.

The conference, Sept. 30 to Oct. 3 in Boston, is a top event for medical practice and hospital executives. Learn more at www.mgma.com/events/mgma18-the-annual-conference.

Dr. Norris is author of "The Financially Intelligent Physician: What They Didn't Teach You in Medical School" and has presented at MSSC member meetings, including the recent one on preventing fraud. He recently launched an online course incorporating lessons from the book. Find out about the course at <https://learn.davidnorrismdmba.com/>. Through June 30, use the coupon code MSSC2018 and receive 75 percent off.



Dr. Norris

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[F] Accredited Fellowship [AT] Additional Training
[F*] Unaccredited Fellowship

NEW APPLICANTS

Nichole M. Riddel, MD

[BC] Internal Medicine
Via Christi Clinic - 21st & Reflection Ridge
OFF: 721-9500 / FAX: 721-9574
8444 W 21st St N, 67205

Jose C. Velasco Di Domenico, MD

[BC] Medical Oncology [BC] Hematology
[BC] Hospice & Palliative Medicine
[BC] Internal Medicine
Central Care Cancer Center
OFF: 771-5896 / FAX: 201-3055
9300 E 29th St N S-315, 67226

ROSTER UPDATE

Keep your 2018 Roster current with this information:

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Paul W. Murphy, MD
FAX: 636-2366

Charles W. Beck
Heartland Cardiology
NPI # 1386610233

CHANGES

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