

MSSC NEWS

Committee on Opioid Use offers recommendations

More than 18 Kansas physicians and hospital leaders who assessed the extent of opioid misuse in Kansas have developed recommendations to address pain management, improve opioid prescribing safety, increase utilization of K-TRACS, and expand access to medication-assisted treatment.

The report of the Joint Committee on Opioid Use, a combined effort of the Kansas Hospital Association and the Kansas Medical Society, was released in late September and finalized last month when the committee met for the last time in October.

The committee included Medical Society of Sedgwick County members Greg Lakin, MD, an addiction specialist and the state's chief medical officer, Joe Davison, MD, who has served on the K-TRACS advisory board since its inception, and Daniel Warren, MD, a faculty member at KUSM-Wichita specializing in substance abuse.



The recommendations acknowledge that opioids can be an effective way to manage pain for some patients, and that physicians are in the best position to make clinical judgments about assessing need and effectively and safely treating patients.

The committee encourages providers and decision-makers – including entities such as the healing arts and the pharmacy boards as well as lawmakers – to use the recommendations as a foundation for taking measured, logical approaches to dealing with opioid challenges in Kansas.

"I think the recommendations are very well thought out; they don't go overboard," Dr. Davison said. "The take-home message is we need to work harder, use the prescription monitoring program and continue to educate and work collaboratively with all stakeholders."

PLEASE SEE **OPIOIDS**, PAGE 2



November
2018

KU Chancellor Girod is featured speaker at MSSC annual meeting



DR. GIROD

Dr. Doug Girod, MD, chancellor of the University of Kansas, will be the featured speaker at the MSSC annual meeting on Dec. 4 at Exploration Place, and exhibit areas will be open for viewing. The meeting also will include Project Access' Wine with a Purpose auction. This event is free to MSSC members and spouses.

► Annual meeting and wine auction

WHEN: 6-8 p.m. on Tuesday, Dec. 4

WHERE: Exploration Place, 300 N. McLean Blvd.

FEATURING: KU Chancellor Dr. Doug Girod, MD, tours of exhibits and Project Access' Wine with a Purpose fundraiser.

COST: Free to MSSC members and spouses

INFO: To RSVP or to donate wine for the auction, please contact Denise Phillips at (316) 683-7558.

New facility for Medical Director



A CUT ABOVE: DR. JOHN GALLAGHER, MD, (THIRD FROM LEFT) AND MEMBERS OF THE SEDGWICK COUNTY COMMISSION CUT A RIBBON AT THE NEW OFFICE OF THE MEDICAL DIRECTOR.

Sedgwick County last month formally opened a new facility for the Office of the Medical Director of the EMS System.

Formerly housed in a fire station in Bel Aire, OMD now has a new, more central location at 200 W. Murdock (the former Murdock tag office).

The new facility includes conference space, a video recording room and simulation training areas that include a mock outdoor area, apartment, daycare, intensive care room and emergency department bay.

MSSC member Dr. John Gallagher, MD, is the medical director. His office provides clinical oversight for all aspects of pre-hospital patient care.

Physicians
who care for ...
our patients,
our community,
and our profession.

MSSC
MEDICAL SOCIETY of
SEDGWICK COUNTY

www.mssconline.org
1102 S. Hillside
Wichita, KS 67211
(316) 683-7557

What we previously thought about learning has been rewritten



Dr. James Delmore, MD

November President's Message

"When I was your age ..."

Who hasn't heard that phrase, which produces audible eye rolling?

I suspect that regardless of profession or occupation, all parents, educators, employers or senior partners have offered that unsolicited observation. Most commonly it is used to denigrate or minimize the recipient's performance, expectations or experience.

At various times I have felt the urge to explain that in years past gasoline was 27 cents a gallon, dancing was a contact sport, four-minute guitar solos were expected, pants were intentionally kept at waist level with a belt, and sentences were not prefaced with "like."

Times change, but the urge to share your own past experience seems universal, if not a bit rose-tinted.

My personal experience in the medical profession is best measured by advances in technology. As a college student at Texas A&M in 1969, while taking quantitative analysis, slide rules (look it up) were a requirement.

That changed mid-semester when a student whose father was an engineer at Texas Instrument brought a hand-held calculator to class. All the chemistry professors had to meet and agree that it was acceptable to use that new thing instead of a slide rule. Now, all our students have more calculating power in their cell phones than anything we could have imagined.

A literature search required going to the library, requesting help from the librarian, reviewing the printout, and then requesting actual reprints of articles. Now you can sit at home in your underwear (or while making rounds with your underwear covered up),

search multiple databases through the university library and have immediate access to the latest publications.

From a technical aspect, what we previously considered essential for learning our trade, learning to succeed, or learning life's lessons has been rewritten. A world of information is available to our students, our children and those we will depend on as we age.

Fear not, there is still a roll for us to impart the soft knowledge and interpersonal skills needed for the next generation to succeed and to lead.

The next time I'm working with a student or resident and I start with "when I was your age," it should be followed by "I wasn't as smart, worldly, environmentally conscious and unbiased as you."

It turns out I am proud to have become my dad. I don't miss pocket protectors, typewriters or sitting on the floor in the hallway to use the only telephone in the house. However, I do miss four-minute guitar solos.

This is my last newsletter as MSSC president, and I want to express my appreciation for the opportunity to represent the Medical Society. Working with MSSC executive director Phillip Brownlee and assistant Denise Phillips and the entire MSSC board of directors has been a pleasure.

During the past year, we have tried to expand the opportunities for different educational and social events at different venues. In an effort to involve the younger members of the medical society, we started the WD40 meetings, loosely targeting physicians younger than 40 years of age.

The Medical Society is fiscally sound and remains as relevant today as it ever was. Please consider attending the annual meeting on Tuesday, Dec. 4, where our guest speaker will be Dr. Douglas Girod, MD, chancellor of the University of Kansas. It also will feature an excellent wine auction to benefit Project Access. I hope to see you there.

OPIOIDS CONTINUED FROM PAGE 1

The committee was against placing limitations on a provider's ability to prescribe opioids, saying that those kinds of regulations undermine the delivery of care to patients. Instead, the committee emphasized that education for both providers and patients is critically important, and agreed that policies should be developed that address non-medical opioid use. Comprehensive treatment for substance abuse should be more widely available, especially in rural Kansas, the committee said.

The recommendations also strongly encourage all providers to use K-TRACS, the state's prescription drug monitoring program, prior to prescribing and dispensing any opioid prescription.

The committee findings come on the heels of a report released by the Governor's Task Force to Address Substance Use Disorders, led by Dr. Lakin. That report included a list of 34 high-priority recommendations that covered provider education, prevention, treatment and recovery, law enforcement, and Neonatal Abstinence Syndrome.

"We each have a desire and duty to promote the health and well-being of Kansans, particularly those affected by addiction," Dr. Lakin said in a news release. "I am thankful to be part of such an important task force, involving this urgent cause."

To review the recommendations provided by the KHA/KMS Joint Committee on Opioid Use, please visit <https://tinyurl.com/KSopioidTF2>.

To review the Governor's Task Force recommendations, please visit <https://tinyurl.com/KSopioidTF1>.

Dr. Katie Rosell chosen as 2019 recipient of Meek leadership award

Dr. Katie Rosell, MD, with Neurology Consultants of Kansas, was selected as the 2019 recipient of the Dr. Joe Meek Physician Leadership Award. The award, named to honor the former KUSM-Wichita dean, fosters leadership among practicing physicians aged 40 years or younger.



As part of the award, Rosell will be a non-voting member of the MSSC Board of Directors next year. She also can attend a national AMA meeting.

Rosell, who attended KUSM-Kansas City and did her residency at the University of Colorado, was part of the MSSC leadership team that helped plan and launch WD40 – Wichita Docs Under 40. She wants to continue working on increasing involvement of young physicians in MSSC.

"I would also like to learn more about the challenges and opportunities facing Wichita docs and learn from current physician leaders how to engage these issues," Rosell said.

Rosell was nominated for the award by Dr. Ty Schwertfeger, MD. He said that Rosell has been a great addition to the medical community and "has terrific leadership potential."

Wichita family physician Terry Poling to retire as AMA delegate



Longtime Wichita physician Terry Poling, MD, renowned for his passion for medical research and his commitment to improving health care in Kansas, is resigning his role as a Kansas delegate to the AMA at the end of this year.

The Medical Society of Sedgwick County will honor Dr. Poling and his long career at its annual meeting on Dec. 4.

Dr. Poling started practicing medicine after graduating from the

University of Kansas School of Medicine in 1962. He has been part of the American Board of Family Medicine and the American Academy of Family Physicians since the 1970s, and a member Kansas MSSC since 1980. He served as MSSC president in 1983.

Dr. Poling began conducting clinical research trials in 1991 and founded Heartland Research Associates in 1994. He is currently president of WPPA ProviDRs Care and treasurer of Medical Provider Resources, for-profit affiliates of MSSC.

Dr. Poling also has been an integral part of KMS and KaMMCO over the years. He served as 1988-89 KMS president. He was elected as an alternate delegate to the AMA in 1990 and as a delegate in 1997. He currently serves as chairman of the Kansas delegation.

Physician ENGAGEMENT

This month, we capture physicians and guests at the Oct. 26 Art for Access celebration at the 125 N. Market building

Project Access on Oct. 26 kicked off its 20th year of service and celebrated reaching a milestone of \$200 million in donated care. A silent auction featured more than 40 pieces of donated artwork – many done by local physicians and dentists.

Project Access, operated by MSSC affiliate Central Plains Health Care Partnership, has coordinated care for more than 13,800 Sedgwick County residents over 19 years of service, thanks to the time and talent of hundreds of health care providers in the region.

“It was a wonderful event that honored the medical community,” said Project Access executive director Shelley Duncan.

A new Project Access video debuted at the Art for Access event, kicking off a year-long fundraising campaign that will culminate in an exciting rappelling event in August 2019.



▲ SHELLEY DUNCAN, EXECUTIVE DIRECTOR OF PROJECT ACCESS, RECOGNIZES PAUL UHLIG, MD, FOR HELPING START PROJECT ACCESS 19 YEARS AGO



▲ MICHAEL BATES, MD, AND DWIGHT ALLEN, FORMER EXECUTIVE DIRECTOR OF THE MSSC



▲ GEORGE LUCAS, MD, AND TERRI CUSICK, MD

In Brief ▶▶▶

New and noteworthy

Wesley Medical Center names trauma bays after retiring director Harrison



TRAUMA LEADER: LEFT PHOTO – THE PLAQUE THAT WILL HANG IN WESLEY MEDICAL CENTER’S TRAUMA AREA. RIGHT PHOTO – FROM LEFT, DR. DAVID ACUNA, WESLEY CEO BILL VOLOCH, DR. PAUL HARRISON, AND WESLEY COO CASEY GUBER.

Surgeon Paul Harrison, MD, credited with helping build Kansas’ trauma system, was honored at Wesley Medical Center this month for his years of service to its trauma program, which he helped create in 1991. Dr. Harrison is officially retiring on Dec. 7.

Wesley leaders dedicated their four-bay trauma center to Dr. Harrison in a surprise ceremony on Nov. 8.

“This was humbling, embarrassing – and I’m very grateful for the recognition,” Dr. Harrison said. “But you’re only as good as your team. I’ve been incredibly blessed to work with dedicated, very talented and very smart people.”

Harrison helped create a statewide trauma system that has reduced arrival-to-surgery time from an hour to minutes, colleagues say. He has served as chair of the Kansas Advisory Committee on Trauma since 1999.

“Paul left huge, huge standards that are almost impossible to meet. He is a great mentor,” said Dr. David Acuna, who took over as trauma medical director at Wesley in 2015. “Everyone will know the legacy he left.”

Volunteers needed for KMS CME committee ad survey teams

KMS is currently searching for individuals interested in serving on the KMS Continuing Medical Education Committee and as Surveyors of KMS accredited CME programs.

KMS is nationally recognized by the Accreditation Council on Continuing Medical Education (ACCME) to accredit intrastate sponsors to offer their own AMA PRA Category 1 Credit™. As a state medical society recognized by the ACCME to accredit intrastate sponsors of CME, the KMS has adopted the ACCME Essential Areas.

The KMS CME Committee surveys organizations to determine whether their accreditation status should be continued. The surveys consist of a site visit by a survey team of two committee members. Interviews are conducted with key people and records and minutes are reviewed to determine if the program is in compliance with the accreditation requirements. Knowledge of the accredited CME environment is important. Interested individuals will be trained on the process of becoming a surveyor.

For more information, contact Nancy Sullivan, KMS Director of Professional & Special Services, at nsullivan@kmsonline.org.

MEDICAL SOCIETY OF SEDGWICK COUNTY

Proposed Budget for 2019

Revenues

Dues income	342,000
Roster income	50,000
Advertising/Sponsorships	40,000
Dividend	85,000
Rental Income	65,276
Professional Consulting Fees	14,750

Total Revenues 596,750

Expenses

Salaries	366,704
Salary credits	(155,962)
Retirement	14,856
Payroll tax-FICA	14,310
Unemployment taxes	630
Verification review	4,000
Telephone	7,000
Electricity	18,000
Water	3,000
Janitorial Supplies	2,500
Gas utility	4,000
Maintenance & Repairs	20,000
Postage	12,000
Grounds maintenance	6,370
Maintenance contracts	12,000
Insurance	29,309
Credit card processing fees	4,500
Office supp. & printing	11,500
Computer expense	12,000
Internet and Web expense	3,300
Automobile expense	1,000
Meeting expense	25,000
Meals	2,000
Public relations	3,000
Marketing Expense	3,000
Professional services	5,000
Travel	18,000
Awards & appreciations	2,000
MSSC News	15,750
Dues & subscriptions	2,500
Roster expense	53,000
Worksite wellness program	1,201
Community contributions	22,000
Property taxes	6,500
B & I depreciation	15,000

Total Expenses 565,342

NET INCOME 31,408

UPDATE

November 2018

Central Plains Health Care Partnership

From the executive director



SHELLEY DUNCAN

As I sit in my office and think about the last 15 months I have been with Project Access, I feel honored and humbled to be part of such a great organization. I say this over and over (and I am sure will say it again): I am amazed at the generosity of the medical community in Sedgwick County.

This was aptly illustrated at our recent milestone of surpassing \$200 million in health care services donated to the community over the past 19 years. We are actually over \$211 million in donated care as of this writing. As we begin our 20th year of operations, we have averaged more than \$10 million a year in donated care. We are fast approaching serving 14,000 individuals since we began in 1999.

To celebrate this milestone and to honor the medical community, we hosted an event on Oct. 26 called Art for Access. This was not a large, fancy gala, but one we designed to primarily focus on thanking the medical community for all it does. The event included an auction for art that was donated by – or created by – local medical providers and other local artists. While we could not name the 1,000-plus medical providers in our community who have donated care over the

years, we did recognize a few who have provided the most care. It was a very fun and valuable event.

The Art for Access kicked off a new, year-long fundraising campaign called Access the Edge. This campaign will culminate in August 2019 with an exciting event involving participants rappelling down 19 stories of the 125 N. Market building. While the event is still months away, we already are

Project Access stats since 1999

- 13,824 Patients Served
- \$51,116,570 Physician Contributions
- \$160,784,220 Hospital Contributions
- \$121,373 Dentist Contributions
- \$5,462,851 Purchased Medications and Durable Medical Equipment
- \$5,247,345 Donated Medications
- 29,952 Tests Utilized through the Coalition Test Project

planning for a two-day exciting and “edgy” opportunity to engage the community in an effort to help Project Access continue providing services well into the future. I hope you will consider being part of this event. We are looking for volunteers, sponsors and, ultimately, people to go “over the edge.” I am terrified of heights, but I have agreed to be the first one over. Will you join me?

In closing, as you may be aware, each year we have a fundraising goal. This year's is \$215,000. This allows us to meet our operational costs while providing exceptional services to our community. We still need around \$90,000 to complete our goal, so as you are considering your year-end gifts to charitable organizations, please keep us in mind. Thank you for all you do!

Shelley Duncan
Executive Director



CONTACT US

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Wichita, KS 67211
(316) 683-9441
www.cphcp.com
www.healthict.org

Donate now!



Why you matter

Project Access Patient Testimonial

Cherilyn — Project Access Patient

Project Access received a cardiology referral for Cherilyn, as she was experiencing chronic fatigue and shortness of breath. Thankfully, Cherilyn's heart turned out to be fine, but additional testing determined Cherilyn had other health issues. A bowel blockage was discovered, and a surgeon repaired and removed part of her colon. During a routine follow-up CT scan, a nurse noticed a spot on Cherilyn's breast. A mammogram confirmed the spot was breast cancer so she was referred to an oncologist, and is currently in treatment. Cherilyn feels the doctors who participate in Project Access are a godsend. She will forever be grateful to the nurse who saw and mentioned the irregularity. Cherilyn knows that without Project Access, she would never be able to pay back the \$188,526.36 in donated care she has received so far. "Every day when I pray, I pray for Project Access," she said.

Daughter Ashley's perspective

When Cherilyn called her daughter Ashley to tell her about a program called Project Access, Ashley had never heard of it. However, over the past year and a half, Ashley has watched her mother go through the roughest health crisis of her 62 years. Today, Ashley can tell you all about the non-profit program. She can tell you about the compassion of the Project Access doctors and how well those physicians have cared for her mother. She can tell you how her mother has been treated with the same respect as a patient with insurance. And, Ashley can tell you how strong her mother has become. Currently, Cherilyn is receiving chemotherapy for breast cancer. The prognosis is very good. Ashley knows that without Project Access, her time with her mother would have been limited. Thanks to Project Access, there is hope for many more daily phone calls, time with grandkids and family celebrations.



CHERILYN, RIGHT, AND ASHLEY

Project Access thanks its Art for Access Sponsors

Many thanks to our most recent partners who supported the work of Central Plains Health Care Partnership through Project Access and the Art for Access event. We also would like to thank the many physicians, hospitals and other providers who donate their time and services to help our community.



Shawn and
Kelsey Jinwanlal



MEMBERSHIP

Members of the Society who know a good and sufficient reason why any of the following applicants are not eligible for membership are requested to communicate with the Medical Society of Sedgwick County, 683-7557

[BC] Board Certified [F] Accredited Fellowship

[R] Residency [AT] Additional Training

[F*] Unaccredited Fellowship

ELECTED TO PROBATIONARY



Gerald J. Estep, MD

[BC] Emergency Medicine

OFF: 303-801-3401

FAX: 928-2415

Medical education obtained at Univ of Calgary 6/1982; Internship in Family Medicine at Holy Cross Hospital-Canada 7/1984; Residency in Emergency Medicine at Denver General Hospital 6/1989.



Ryan N. Farmer, MD

[R] Anesthesiology

Kansas Heart Hospital

OFF: 630-5000

FAX: 630-5050

3601 N Webb Rd, 67226

Medical education obtained at KU-KC 5/2012; Internship in Internal Medicine at KUSM 6/2015; Residency in Anesthesiology at Univ of Missouri 6/2018.



Lisa M. Gilbert, MD

[BC] Family Medicine

Via Christi St Francis Family Medicine

OFF: 858-3460

FAX: 858-3458

707 N Emporia, 67214

Medical education obtained at Univ of Texas Southwestern 6/2009; Internship in Family Medicine at KUSM 6/2010; Residency in Family Medicine 6/2012; Fellowship in International Fellowship 6/2013



Mohammed A. Hussain, MD

[F*] Endovascular Surgical Neuroradiology

[F] Vascular Neurology

[BC] Neurology

Neurology Associates of Kansas

OFF: 682-5544

FAX: 682-9944

3243 E Murdock S-104, 67214

Medical education obtained at St George's Univ 6/2011; Internship in Transitional Medicine at Wayne State Univ 6/2012; Residency in Neurology at JFK Medicine Center 6/2015; Fellowship in Vascular Neurology at Univ of Connecticut 6/2016; Fellowship in Interventional Neurology Endovascular Surgical Neuroradiology at Hartford Univ. 6/2018



Rori E. Mankins, MD

[BC] General Surgery

Wichita Surgical Specialist, PA

OFF: 263-0296

FAX: 494-6870

818 N Emporia S-200, 67214

Medical education obtained at Texas A&M 5/2011; Residency in General Surgery at Iowa Methodist Medical Center 6/2016; Fellowship in Vascular Surgery at Univ of Virginia 6/2018



Joshua N. Nordstrom, DO

[BC] Anesthesiology

Anesthesia Consulting Services

OFF: 844-468-9498 | FAX: 855-630-1302

PO Box 356, 67201

Medical education obtained at KCUMB 5/2009; Internship in Internal Medicine-Transitional at Valley Hospital Medical Center 9/2009; Residency in Anesthesiology at KUSM 7/2013; Fellowship in Adult Cardiothoracic Anesthesiology at Texas A&M 7/2014



Rebecca Sanders, MD

[BC] Anesthesiology

Kansas Spine and Specialty Hospital-Pain Center

OFF: 462-5338

FAX: 462-5345

3333 N Webb Rd, 67226

Medical education obtained at Univ of Arkansas 5/2011; Internship in Internal Medicine at Mayo Clinic 6/2012; Residency in Anesthesiology at Mayo Clinic in 6/2015; Fellowship in Pain Management at Mayo Clinic 6/2016



Stephanie Shields, MD

[BC] Family Medicine

Wichita Family Medicine Specialist

OFF: 858-5800

FAX: 858-5850

800 N Carriage Parkway, 67208

Medical education obtained at KU-KC 5/2015; Residency in Family Medicine at Wesley Family Medicine Residency 7/2018.



Elisha Yaghmai, MD

[BC] Internal Medicine

[BC] Pediatrics

Freestate Connect

OFF: 670-3800

FAX: 888-505-1776

4723 E Douglas Ave, 67218

Medical education obtained at Univ of Texas Southwestern 6/2007; Internship in Family Medicine at Via Christi Family Practice 6/2008; Residency in Med/Peds at KUSM 2/2012

ELECTED TO ACTIVE

Alisa J. Bridge, MD

Lucas Lenci, MD

Peter D. Morris, MD

M. Jake Ott, MD

Serina R. Padilla, MD

Kristin I. Thom, DO

James B. Weihe, MD

ROSTER UPDATE

Keep your 2018 Roster current with this information:

CHANGES

Via Christi Clinic – St Teresa

Phone for all: 274-0142

14700 W St Teresa, 67235

Drs. DuPuis and M. Le

Fax: 274-1742 at Suite 210

Drs. Beville, Focken, Goodwin and Guevarra

Fax: 274-1743 at Suite 300

Dr. T. Nelson

Fax: 274-1748 at Suite 350

RETIRED

Jaques Blackman – Nov. 6, 2018

DROPPED

Emmanuel Kwesiga, MD – moving out of state

John J. Hart, MD – moving out of state

MSSC NEWS

MEDICAL SOCIETY of
SEDGWICK COUNTY 1102 South Hillside • Wichita, KS 67211
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***is pleased to welcome
Saad Z. Farhat, M.D., F.A.C.C.
to the Heartland team!***

Dr. Saad Farhat is accepting new patients at all Heartland locations and will continue to serve his patients at our *Heartland Newton* clinic located at 700 Medical Center Dr., Ste 102.

To schedule an appointment please call 316-686-5300